

The Skating Academy at ICE STATION VALENCIA

February 6, 2009

Dear Skating Academy Skaters:

You are cordially invited to participate in our 9th Annual ISI In-House Championships on March 15th, 2009. Every participant will win a medal!

Yes, you can participate! ISI competitions are recreational competitions for all skaters of any age and any level.

This packet includes important competition information and entry forms.

We are very excited about this event and look forward to helping you succeed in this competition. Do not hesitate to call the Skating Academy office with questions or for more information.

Sincerely,

Peggy Tamres
2009 Competition Director
(661) 775-8686 ext. 206

And the Ice Station Valencia Professionals:

Natasha Adler-DeGuzman

Susan Berens

Anna Bradshaw

Cece Frankhuizen

Brittany Grant

Colette Wardin

Lisa Jordan

Tanya Kuligowski

Peggy Lill Tamres

Dorothy McKim

Susie Richardson

Juli Stevens-Marshall

Linda Stroh

Kymerly Tompkins

Competition Information

COMPETITION DATE:

Sunday, March 15, 2009

ENTRY FORM DEADLINE:

Friday, February 27, 2009

Late entries, if accepted, will be charged double.

ADDRESS & TELEPHONE:

Ice Station Valencia
27745 N. Smyth Dr.
Valencia, CA 91355
(661) 775-8686

CONTACT:

Peggy Tamres, 2009 Competition Director
(661) 775-8686, ext. 206
sk8director@icestation.net

ELIGIBILITY:

All skaters entering this competition must be registered individual members of the Ice Skating Institute and have their tests registered at the level in which they will compete.

RULES:

This competition will be conducted in strict accordance with the rules and guidelines in the 2008 Skaters and Coaches Handbook with current ISI Competition Revisions.

AGE GROUPS:

The number of entries in each event will determine the age groups. Age will be determined as of Friday, February 27, 2009.

REFUNDS:

No refunds will be granted after the close of entries unless submitted with a valid physician's note and accepted by the Competition Director.

VERIFICATION:

Entry forms must be complete and accurate. Incomplete and/or inaccurate forms will be returned to the coach. Supplying false information will result in disqualification from the competition. There will be a \$10 fee for any changes made to the original entry form.

RINK SIZE:

Ice surface is 200' x 85' with rounded corners.

Competition Information Continued

REGISTRATION:

All skaters are expected to check in at the registration table at least 1 hour prior to their scheduled event. If the competition is running ahead of schedule, an event may begin earlier than its scheduled time.

MUSIC:

Music must be clearly labeled with the skater's name, age, event and coach. Music will only be accepted on cassette tape or CD and must be turned in at time of registration. Please rewind cassette tapes and ensure that only one program is recorded on the cassette tape or CD.

SCHEDULE OF EVENTS:

A preliminary schedule of events and Judge's sign up sheet will be posted 3 days after the close of entries. The final schedule will be posted shortly thereafter.

AWARDS:

All skaters will earn a medal. Medals will be presented upon the posting of each individual event. Any competitors who are not present during the awards presentation are welcome to pick up their medals the following week in the Skating Academy office at Ice Station Valencia.

ACCOUNTING REVIEW:

Only ISI Associate Members (instructors) can make accounting review requests to the Competition Director. Judges' scores are always considered final. A review is simply a verification of the scores. There will be a \$25 fee charged for all accounting review requests. The fee will only be returned if an accounting error is discovered.

JUDGING:

In fairness to our competitors, all ISI Associate Members (instructors) with skaters in the competition are expected to do their part in judging an appropriate number of events. Only coaches who have signed up to judge will be permitted into the Competitor's Staging Area. There will be a hospitality room open to all coaches and judges.

VENDOR INFORMATION:

A professional photographer will be available during the competition for action shots and to photograph the awards presentation. A professional videographer will be available to record the competition for purchase. Video taping of the competition will not be allowed by any spectators other than the approved vendor. Additional vendors may be available. Contact the Skating Academy at Ice Station if you are interested in becoming a vendor. Vendors must be pre-approved by the Competition Director and agree to abide by the current Ice Station Vendor Agreement.

Description of Events

TOTS	ARTISTIC	SPOTLIGHT (Character, Dramatic, Lt. Ent.)
PRE-ALPHA	INTERPRETIVE	SPOTLIGHT COUPLES
ALPHA	FOOTWORK	FAMILY SPOTLIGHT
BETA	SHOOT-THE-DUCK	PRODUCTION
GAMMA	SPECIAL SKATER	ENSEMBLE
DELTA	SOLO COMPULSORY	STROKING (Alpha - Delta)
FREESTYLE	TEST MANEUVERS	2-PERSON JUMP & SPIN TEAMS
OPEN FREESTYLE	SYNCHRONIZED SKATING	SYNCHRONIZED FORMATION

ARTISTIC 1-10:

Artistic skating is open to all Freestyle 1 level skaters and higher. The program length is 1 ½ minutes for Artistic 1-5 and 2 minutes for Artistic 6-10. There are no required elements and there is no grade for technical merit. Emphasis is on creativity and the design of the program. Props are NOT permitted.

COUPLES SPOTLIGHT:

An entertaining spotlight program performed by two skaters using costumes and props. Couples Low is 1 minute in length and open to Pre-Alpha through Delta skaters. Couples Medium is 1 minute in length and open to Freestyle 1-4 skaters. Couples High is 1 1/2 minutes in length and open to Freestyle 6 and above skaters. Couples will be divided by level and spotlight category, so please mark Character, Light Entertainment or Dramatic on the entry form.

ENSEMBLE:

This event is open to groups of 3-7 skaters of all levels and ages. Skaters will be judged on the performance value of the program. There are no required maneuvers and there is no technical score for this event. The group should use music, costumes & props to enhance the theme while creating an entertaining performance. Props are not allowed on warm-up. The program length is 3 minutes.

FAMILY SPOTLIGHT:

This event is open to 2 or more family members only. Skaters may be of any age and level. Program length is 1½ minutes, and the routines may be fun, entertaining, emotional or portrayals of characters using costumes and/or props. Please use the Team Entry form.

FOOTWORK 1-10:

Freestyle skaters perform a 1 minute program to music using various turns and connecting steps with limited jumps or spins. Skaters are judged on correct turns & edges as well as flow, variety of moves and choreography.

PRE-ALPHA THROUGH DELTA:

Programs are 1 minute in length and must include all of the required compulsory maneuvers from the test and one additional maneuver from Freestyle 1. Moves from lower levels and uncaptured moves for Pre-Alpha through Delta levels are permitted.

FREESTYLE 1-10:

Programs are 1 ½ minutes in length for Freestyle 1-3, 2 minutes for Freestyle 4-5, 2 ½ minutes for Freestyle 6, 3 minutes for Freestyle 7, 3 ½ minutes for Freestyle 8 and 4 minutes for Freestyle 9-10. Additional maneuvers from higher test levels or uncaptured moves from higher levels are not permitted in Freestyle events. For the safety of all skaters, backward spirals or arabesques will not be permitted during warm ups.

Description of Events Continued

INTERPRETIVE EVENTS:

Music will be provided. Skaters will be grouped by age and level according to the number of entries. The program length is 1 minute for Alpha through Freestyle 4 and 1 ½ minutes for Freestyle 5-10. The emphasis of this event is on the skater's ability to choreograph to the music, not on the difficulty of the maneuvers performed.

PRODUCTION:

This event is for an entire skating team, regardless of skating skill level and age, performed to music. Production routines are creative and use costumes and props to illustrate the number. Any and all types of maneuvers are permitted. All participants must wear ice skates. The program length is 4 ½ minutes and there is no penalty for skating under the prescribed time. Please use the Team Entry form.

SHOOT THE DUCK:

Skaters will be grouped according to age and level. Timing will begin when the skater's hips are below knee level. Skaters are allowed to hold the free leg while performing the shoot the duck and may rise on two feet. A 10 second penalty will be added for a fall.

SPECIAL SKATER:

The ISI Special Skater category is open to skaters of all ages with physical or mental challenges. Skaters must compete at the highest test level passed and registered with ISI National Headquarters. Skaters are to perform a program to music for 1 minute, including all the required compulsory maneuvers from the test level and any moves from lower test levels. Skaters may be grouped together by age, gender and disability.

SPOTLIGHT EVENTS:

Open to skaters of all levels. There are no required maneuvers for spotlight events and there is no grade for technical merit. If the skater will require assistance with props, please contact the Competition Director prior to the entry deadline. Props may not be left in the lobby area and must be removed immediately after the event. Ice Station is not responsible for props left in the facility. Program length is 1 minute for Tot 1 through Freestyle 3, 1½ minutes for Freestyle 4-5 and 2 minutes for Freestyle 6-10.

STROKING:

Skaters compete together in groups wearing colored numbers for easy identification by the Judges. Skaters will perform only forward stroking in both directions and are judged on posture and correct stroking technique. Crossovers are optional at the end of the rink, but not required and not judged. This is the very basic skill of skating.

TOTS 1-4:

Tots must be 5 years of age or younger as of February 27, 2009. Programs are 1 minute in length and must include the required test maneuvers from their level. Extra content is not allowed, will not be judged and therefore, not penalized. Tot competitors are allowed to perform 2-foot or 1-foot snowplow stops.

Description of Events Continued

SOLO COMPULSORY:

The following are the chosen maneuvers for the Solo Compulsory event. Maneuvers may be performed in any order in a “mini-program” without music. Extra maneuvers such as jumps, spins or gliding maneuvers from a test level or any uncaptured moves, are not allowed. Judging will stop after 1 minute.

TOT 1	March in place, Fall down/Get up, March while moving
TOT 2	2-ft Jump in place (3x), Single Swizzle (3x), 2-ft Glide
TOT 3	Preparation for Snowplow Stop, Dip, Push and Glide Stroking
TOT 4	2-ft or 1-ft Snowplow Stop, Back Wiggle, Back Swizzle
PRE-ALPHA	Forward Swizzles, Left 1 ft glide (pick up right foot), Back Swizzles
ALPHA	Forward Stroking, Right over Left Forward Crossovers, 1-ft Snowplow Stop
BETA	Back stroking, Left over Right Back Crossovers, Left T-Stop
GAMMA	Left Outside 3-turn, Right Inside Mohawk Combination, Hockey Stop
DELTA	Left Inside 3-turn, 4 Forward Inside Edges, Lunge
FS 1	Forward Arabesque, One-Half Flip, 2-ft Spin
FS 2	Ballet Jump, One-Half Toe Walley, One-foot Spin
FS 3	Salchow Jump, Back Outside or Back Inside Pivot, Change Foot Spin
FS 4	Flip Jump, One-Half Loop Jump, Sit Spin
FS 5	Fast Back Scratch Spin, Axel Jump, Camel Spin
FS 6	Double Salchow, Split Jump, Combination Spin
FS 7	Double Toe Loop, Flying Camel Spin, Combination Spin w/change of foot and position
FS 8	Double Loop Jump, Double Flip Jump, Flying Sit Spin
FS 9	Double Lutz, Axel-Double Loop, Flying Camel into Jump Sit Spin
FS 10	Triple Edge Jump, Death Drop, Double Axel/Double Toe Loop

2 PERSON JUMP & SPIN TEAMS:

A team consists of 2 skaters from the same category level, but they do not have to be the same test level. Skaters may skate above, but they cannot skate below their test level category. One team of two skaters enters the ice together and stops. The first skater begins and performs the same jump two times. After the second attempt, the first skater stops. The second skater then performs the spin two times. After the second attempt, the second skater stops. Both skaters then bow and exit the ice together.

Category Level

Low = Pre Alpha – Delta

Medium = FS 1-3

Intermediate = FS 4-5

High = FS 6-10

Elite = Open to any level

LEVEL	JUMP	SPIN
Low	2-ft Jump or Bunny Hop	2-ft Spin
Medium	½ Flip or Toe Loop	2-ft or 1-ft Spin
Intermediate	½ Loop or Axel	Sit Spin or Back Spin
High	Double Salchow or Double Loop	Flying Camel
Elite	Double Lutz or Double Axel	Flying Sit or Death Drop

No music is required. Maneuvers are judged for technical accuracy not the difficulty of the maneuver chosen. Judging stops after 1 minute for Low and Medium levels, 1½ minutes for Intermediate and High levels, and 2 minutes for Elite level.

Description of Events Continued

OPEN FREESTYLE:

Events will be judged by ISI judges. Judging will be based on technical merit and artistic impression. Exceeding the limitation on moves will result in a penalty grade of 5.0 for technical merit by Judge #1.

No Test - Toe Loop Event:

Skaters must not have passed the Pre-Preliminary Free Skating Test. Programs will be 1 minute and 30 seconds (+/- 10 seconds) in duration and include elements in accordance with the USFS well balanced program guidelines. Illegal elements include: flying entry spins, loop, flip, lutz, axel, and all double jumps.

No Test - Lutz Event:

Skaters must not have passed the Pre-Preliminary Free Skating Test. Programs will be 1 minute and 30 seconds (+/- 10 seconds) in duration and include elements in accordance with the USFS well balanced program guidelines. Illegal elements include: flying entry spins, axel, and all double jumps.

Pre-Preliminary through Senior Events:

See current USFS rulebook for eligibility, duration, well balanced program guidelines, and illegal elements.

Adult No Test through Adult Gold Events:

See current USFS rulebook for eligibility, duration, well balanced program guidelines, and illegal elements.

**The 9th Annual ISI In-House Championships: Individual Entry Form
March 15, 2009**

Name: _____ ISI #: _____ USFS #: _____

Address: _____ City, State: _____ Zip: _____

Primary Phone: (____) _____ Alternate Phone: (____) _____

Sex: _____ Date of Birth: _____ Age (As of February 27, 2009): _____

Highest test passed and registered with ISI on February 27, 2009: _____

USFS Test Level: _____

Are you an active USFS member who has competed at or above the Novice level at any USFS National Championships within the last two years? (Circle One) Yes No

Please mark the events and levels in which you wish to compete:

Individual Events	
<p>Tot 1 - Delta</p> <p><input type="checkbox"/> Technical Program</p> <p><input type="checkbox"/> Stroking (Alpha-Delta Only)</p> <p><input type="checkbox"/> Interpretive (Alpha & up)</p> <p><input type="checkbox"/> Shoot-The-Duck</p> <p><input type="checkbox"/> Solo Compulsory</p> <p><input type="checkbox"/> Special Skater</p> <p>Spotlight (Choose 1):</p> <p><input type="checkbox"/> Character</p> <p><input type="checkbox"/> Dramatic</p> <p><input type="checkbox"/> Light Entertainment</p> <hr/> <p style="text-align: center;">Level: Tot 1 - Delta Special Skater 1-10</p>	<p>Freestyle 1-10</p> <p><input type="checkbox"/> Technical Program</p> <p><input type="checkbox"/> Footwork</p> <p><input type="checkbox"/> Interpretive</p> <p><input type="checkbox"/> Shoot-the-Duck</p> <p><input type="checkbox"/> Solo Compulsory</p> <p><input type="checkbox"/> Artistic</p> <p><input type="checkbox"/> Open FS (USFS)</p> <p>Spotlight (Choose 1):</p> <p><input type="checkbox"/> Character</p> <p><input type="checkbox"/> Dramatic</p> <p><input type="checkbox"/> Lt. Entertainment</p> <hr/> <p style="text-align: center;">Level: ISI Freestyle 1-10 USFS No Test - Senior USFS No Test - Gold</p>

**ENTRY DEADLINE:
FEBRUARY 27, 2009**

Late entries, if accepted, will be at a double fee. Entries accepted by mail, FAX or at the front desk. Skater or Parent signature below signifies that you agree to skate at your own risk and hereby release ISI, Ice Station Valencia, their personnel and all contractors from all liabilities.

Skater or Parent Signature if Skater is a Minor

Print Skater or Parent Name

Coach Signature

Print Coach Name

Partner Events

(Each Partner must turn in a separate entry form and pay their own fees.)

Partner's Name ISI # & Level: _____

Age (as of 2/27/09): _____ Sex: _____

Telephone: (____) _____

Family Spot (2 skaters only; Use group entry for 3 or more skaters)

<p>Couples Spot Low (Pre-Alpha - Delta)</p> <p>Choose 1:</p> <p><input type="checkbox"/> Character</p> <p><input type="checkbox"/> Dramatic</p> <p><input type="checkbox"/> Lt. Entertainment</p>	<p>Couples Spot Medium (Freestyle 1-4)</p> <p>Choose 1:</p> <p><input type="checkbox"/> Character</p> <p><input type="checkbox"/> Dramatic</p> <p><input type="checkbox"/> Lt. Entertainment</p>
<p>Couples Spot High (Freestyle 5-10)</p> <p>Choose 1:</p> <p><input type="checkbox"/> Character</p> <p><input type="checkbox"/> Dramatic</p> <p><input type="checkbox"/> Lt. Entertainment</p>	<p>2-person Jump/Spin Team</p> <p>Choose 1:</p> <p><input type="checkbox"/> Low</p> <p><input type="checkbox"/> Medium</p> <p><input type="checkbox"/> Intermediate</p> <p><input type="checkbox"/> High</p> <p><input type="checkbox"/> Elite</p>

ENTRY FEES:

Tots: \$25 _____

Couples (per partner): \$25 _____

First Event: \$35 _____

Additional Events: ____ x \$20 _____

Solo Compulsory: \$20 _____

Special Skater: \$20 _____

Total Fees: _____

Mail, FAX or Deliver in Person to:
Skating Academy at Ice Station Valencia
27745 N. Smyth Dr.
Valencia, CA 91355
Attn: Peggy Tamres
FAX (661) 775-8681

The 9th Annual ISI In-House Championships
 March 15, 2009
 Team Entry Form



Team Name: _____ ISI #: _____ USFS #: _____

Primary Coach: _____ Coach Phone: (_____) _____

Does your synchro team compete in USFS competitions? If so, what level? _____

Please mark the events and age category in which your team wishes to compete:

Team Events									
Event: <input type="checkbox"/> Synchronized Formation <input type="checkbox"/> Synchronized Skating <input type="checkbox"/> Production <input type="checkbox"/> Ensemble <input type="checkbox"/> Family Spotlight (3 or more ONLY; For teams of 2 use individual entry form)					Age Category: <input type="checkbox"/> Tots (6 years & younger) <input type="checkbox"/> Junior Youth (Majority 8 years & younger) <input type="checkbox"/> Youth (Majority 9-11 years) <input type="checkbox"/> Senior Youth (Majority 12-14 years) <input type="checkbox"/> Teen (Majority 14-19 years) <input type="checkbox"/> Adult (20 years & older)				
√ Indicate any team member who has competed at or above the Novice level at any USFS National Championship within the last two years									
	Skater Name	Age on 7/1/08	ISI #	USFS		Skater Name	Age on 7/1/08	ISI #	USFS
				√					√
1					13				
2					14				
3					15				
4					16				
5					17				
6					18				
7					19				
8					20				
9					21				
10					22				
11					23				
12	ATTACH ADDITIONAL SHEET IF NEEDED								

ENTRY DEADLINE: FEBRUARY 27, 2009
 Late entries, if accepted, will be at a double fee.
 Entries accepted by mail, FAX or at the front desk.
 We skate this competition at our own risk and hereby release ISI, Ice Station Valencia, their personnel and contractors from all liabilities.

 Coach Signature

 Print Coach Name

ENTRY FEES:
 _____ Skaters x \$15 per skater
 TOTAL ENCLOSED: _____

Mail, FAX or Deliver in Person to:
 Ice Station Valencia
 27745 N. Smyth Dr.
 Valencia, CA 91355
 Attn: Peggy Tamres
 FAX (661) 775-8681

You're Invited!



All competitors win a medal!

Showcase your class skills in up to 2 levels.

Entry Deadline: February 27, 2009

Entry form on reverse.

Entry forms accepted at the Front Desk.

The 9th Annual ISI In-House Championships
 March 15, 2009
 Test Maneuvers Entry Form



Name: _____ ISI #: _____ Age (As of 2/27/09): _____

Address: _____ City, State: _____ Zip: _____

Primary Phone: (____) _____ Alternate Phone: (____) _____

Sex: _____ Date of Birth: _____ Current Class Level: _____

TEST MANEUVERS:

Test Maneuvers is specifically for group class skaters either interested in taking private lessons or who want to showcase their class skills. (Please note: skaters already taking private lessons should enter the Solo Compulsory event.) The 2 maneuvers chosen will be performed twice each. The best out of each attempt will be judged. Competitors will receive a warm up time at one end of the arena. Half ice will be used for all levels. The following maneuvers have been chosen:

- | | |
|-------------|---|
| TINY TOTS | Marching while standing, Forward marching while moving |
| ICE TOTS 1 | Forward marching while moving, 2-foot glide (4 marches and glide) |
| ICE TOTS 2 | Single swizzle, Forward dip |
| TOT STARS | 2-foot jump in place, Forward swizzles |
| PRE-ALPHA 1 | Forward swizzles, Backward wiggles |
| PRE-ALPHA 2 | Backward swizzles, 1-foot glide (either foot) |
| ALPHA 1 | 1-foot snowplow stop, Forward crossovers (either direction) |
| ALPHA 2 | Forward stroking, Forward crossovers (either direction) |
| BETA 1 | Backward stroking, Backward crossovers (either direction) |
| BETA 2 | T-Stop, Backward crossovers (either direction) |
| GAMMA | Outside 3-turn (either foot), Hockey stop |
| DELTA | Bunny Hop, Lunge |
| FS LOW | 2-foot spin, Waltz jump |
| FS HIGH | Salchow Jump, 1-foot spin |
| FS ADVANCED | Loop Jump, Change Foot Spin |

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 FEBRUARY 27, 2009**

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 Skater or Parent Signature if Skater is a Minor

 Print Skater or Parent Name

ENTRY FEES:

Level: _____ \$20

Add'l Level: _____ \$15

Total Enclosed: _____

**NO REFUNDS AFTER THE
 CLOSE OF ENTRIES**

Checks payable to Ice Station Valencia.

Mail, FAX or Deliver in Person to:
 Skating Academy at Ice Station Valencia
 27745 N. Smyth Dr.
 Valencia, CA 91355
 Attn: Peggy Tamres
 FAX (661) 775-8681