

# March 10 - May 18 Skating Academy Classes

## Tiny Tots (Ages 2 & up)

Mondays 10:00am - 10:30am  
Wednesdays 5:15pm - 5:45pm  
Saturdays 10:00am - 10:30am

## Ice Tots 1 (Ages 4 & up)

Mondays 10:30am - 11:00am  
Mondays 4:00pm - 4:30pm  
Tuesdays 5:15pm - 5:45pm  
Wednesdays 5:15pm - 5:45pm  
Thursdays 4:00pm - 4:30pm  
Saturdays 10:00am - 10:30am

## Ice Tots 2

*Prerequisite: Ice Tots 1*  
Mondays 11:00am - 11:30am  
Tuesdays 5:15pm - 5:45pm  
Wednesdays 5:15pm - 5:45pm  
Thursdays 4:30pm - 5:00pm  
Fridays 4:30pm - 5:00pm  
Saturdays 10:30am - 11:00am

## Tot Stars

*Prerequisite: Ice Tots 2*  
Tuesdays 5:45pm - 6:15pm  
Wednesdays 5:15pm - 5:45pm  
Saturdays 10:30am - 11:00am

## Adult 1

Wednesday 5:45pm - 6:15pm  
Saturdays 9:00am - 9:30am

## Adult 2

Wednesdays 6:15pm - 6:45pm  
Saturdays 9:30am - 10:00am

## Pre Alpha 1

Mondays 4:30pm - 5:00pm  
Tuesdays 5:15pm - 5:45pm  
Wednesdays 5:15pm - 5:45pm  
Wednesdays 6:15pm - 6:45pm  
Thursdays 4:00pm - 4:30pm  
Saturdays 9:00am - 9:30am  
Saturdays 10:00am - 10:30am

## Pre Alpha 2

*Prerequisite: Pre Alpha 1*  
Tuesdays 5:15pm - 5:45pm  
Wednesdays 5:15pm - 5:45pm  
Wednesdays 6:15pm - 6:45pm  
Thursdays 4:30pm - 5:00pm  
Fridays 4:00pm - 4:30pm  
Saturdays 9:00am - 9:30am  
Saturdays 10:30am - 11:00am

## Alpha 1

*Prerequisite: Pre Alpha 2*  
Tuesdays 5:15pm - 5:45pm  
Wednesdays 5:15pm - 5:45pm  
Wednesdays 6:15pm - 6:45pm  
Saturdays 9:00am - 9:30 am

## Alpha 2

*Prerequisite: Alpha 1*  
Tuesdays 5:15pm - 5:45pm  
Wednesdays 5:15pm - 5:45pm  
Wednesdays 6:15pm - 6:45pm  
Saturdays 9:00am - 9:30 am

## Beta 1

*Prerequisite: Alpha 2*  
Tuesdays 5:45pm - 6:15pm  
Wednesdays 5:45pm - 6:15pm  
Saturdays 9:30am - 10:00 am

## Beta 2

*Prerequisite: Beta 1*  
Tuesdays 5:45pm - 6:15pm  
Wednesdays 5:45pm - 6:15pm  
Saturdays 9:30 - 10:00 am

## Gamma / Delta

*Prerequisite: Beta 2*  
Tuesdays 5:45pm - 6:15pm  
Wednesdays 5:45pm - 6:15pm  
Saturdays 9:00am - 9:30 am

## Freestyle Low

*Prerequisite: Gamma/Delta*  
Tuesdays 5:45pm - 6:15pm  
Wednesdays 5:45pm - 6:15pm  
Saturdays 9:30am - 10:00 am

## Freestyle High

*Prerequisite: Freestyle Low*  
Tuesdays 5:15pm - 5:45pm  
Wednesdays 5:45pm - 6:15pm  
Saturdays 9:30am - 10:00am

## Axel Class

*Prerequisite: Freestyle High*  
Tuesdays 5:45pm - 6:15pm  
Wednesdays 6:15pm - 6:45pm

## Production Class

*Prerequisite: None*  
Tuesdays 6:15pm - 7:00pm  
Saturdays 10:30am - 11:00am

## Synchronized Teams

*Prerequisite: Alpha & up*  
*Audition Required*  
Tuesdays 6:15 - 7:00pm

## Advanced Power Skating

*Prerequisite: Gamma/Delta*  
Thursdays 4:45pm - 5:15pm

THANK YOU  
FOR CHOOSING  
ICE STATION  
VALENCIA!

## Hockey Tots Skating Skills

*Prerequisite: Tot Stars*  
Wednesdays 5:45pm - 6:15pm  
Saturdays 11:15am - 11:45am

## Hockey Tots Stickhandling (Gear Required)

*Prerequisite: Hockey Tots*  
Wednesdays 6:15pm - 6:45pm  
Saturdays 11:45am - 12:15pm

## Youth Hockey Skating Skills 1

*Prerequisite: Pre Alpha 2*  
Tuesdays 5:45pm - 6:15pm  
Wednesdays 5:45pm - 6:15pm  
Saturdays 11:15am - 11:45 am

## Youth Hockey Skating Skills 2

*Prerequisite: Youth Hockey 1*  
Tuesdays 5:45pm - 6:15pm

## Youth Stickhandling 1 (Gear Required)

*Prerequisite: Youth Hockey 1*  
Tuesdays 5:15pm - 5:45pm  
Wednesdays 6:15pm - 6:45pm  
Saturdays 11:45am - 12:15 am

## Youth Stickhandling 2 (Gear Required)

*Prerequisite: Youth Hockey 2*  
Tuesdays 6:15pm - 6:45pm

## Adult Stickhandling (Gear Required)

Mondays 6:30pm - 7:30pm  
Tuesdays 7:15pm - 8:15pm

## Youth Hockey Clinic (Gear Required)

Fridays 6:30pm - 7:30pm

## Off Ice Classes

### Ballet for Skaters

Saturdays 10:45am - 11:15am

### Beginning & Intermediate Off-Ice Jump

*Prerequisite: Gamma/Delta*  
Thursdays 5:00pm - 5:30pm  
Fridays 4:30pm - 5:00pm  
Saturdays 11:15am - 11:45am

### Adult Off-Ice Jump

*Prerequisite: None*  
Saturdays 11:45am - 12:15pm

### Advanced Off-Ice Jump

*Prerequisite: Freestyle Low*  
Tuesdays 5:15pm - 6:00pm